

## SIMPLE BY DESIGN

# Healthcare Guide

A purple and white Accord inhaler device is shown at an angle. The device has a white label with purple text that reads "15 mg 0.30 ml" and "mg/ml". The brand name "accord" is visible in lowercase letters. The device features a purple trigger and a white top cap.

accord

## IMPORTANT

Methofill® is administered subcutaneously as an injection once a week only.

Patients should receive training on the right way to use Methofill® PFS before attempting to self-inject. The first injection should be performed under direct medical supervision.

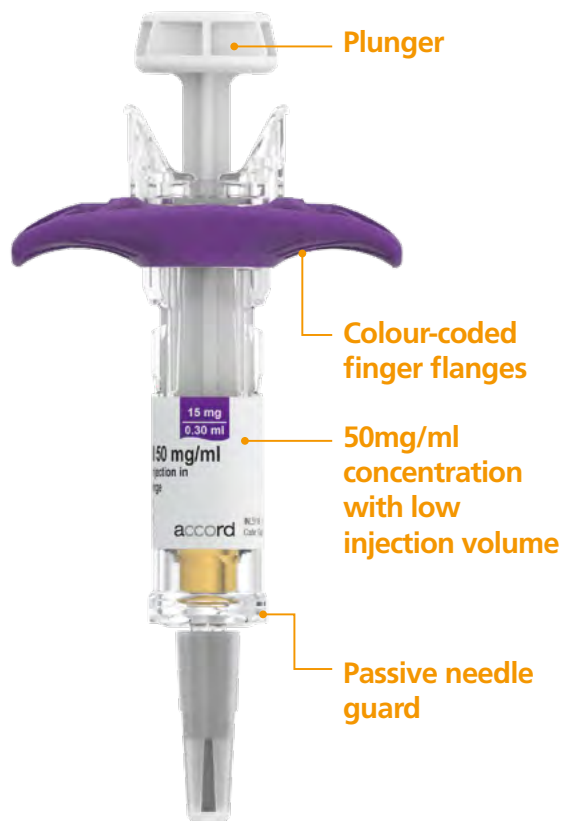
When it is time for the patient to inject, it is important they read, understand, and follow the *Instructions for Use* that comes with the medication.

This trainer guide is not intended to replace the *Instructions for Use*.

This medicine should be kept out of the sight and reach of children. Store below 30°C.

Keep the PFS in the outer carton in order to protect from light.

## Methofill® PFS at a glance



## Preparation

- Check expiration date on package.  
**Do not** use if expiration date has passed
- Choose a clean, well-lit space to administer the medication
- Gather an alcohol swab and a cytotoxic sharps bin

## Wash hands and choose an injection site



If a patient is injecting themselves, recommend the abdomen (except around the navel) or thigh with the additional option of the back of the arm if a healthcare professional or caregiver is assisting them.

## Clean injection site



Allow at least 60 seconds for the disinfectant to dry.

## Ensure the system is intact/ not damaged



## Instructions for use

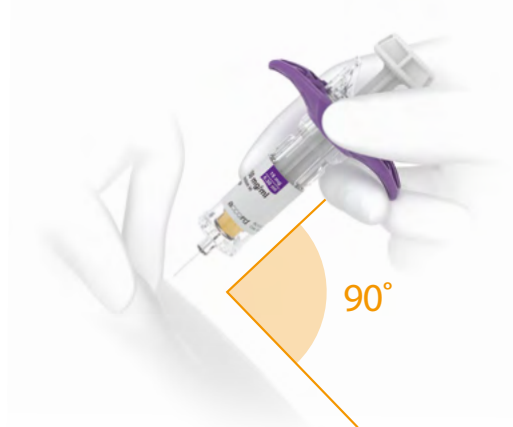
### 1. Remove the needle cap and dispose

Keep the needle end pointing away from you and do not touch the plunger rod.



### 2. Insert the needle

Pinch the skin at the injection site and insert the needle at a 90° angle without touching the head of the plunger rod.



### 3. Inject

Depress the plunger rod holding the skin securely until the injection is completed. Press firmly at the end to ensure the syringe is emptied fully.



### 4. Complete injection

Keeping the syringe still, slowly lift your thumb from the plunger rod head. The spring retracts the needle from the injection site into the needle safety guard.



### 5. After an actual injection

The syringe must be disposed of immediately in a cytotoxic sharps bin. If a patient is self-injecting they must check with their doctor or pharmacist for proper disposal instructions when administering at home. Device must not be disposed of in household trash.



For more information, please visit [Methofill.co.uk](http://Methofill.co.uk)

**Methofill® (methotrexate) pre-filled syringe Summary of Product Characteristics (SmPC), legal category, cost and adverse event reporting:**

Legal Category POM: Prescription only medicine

**Methofill 50mg/ml solution for injection in a pre-filled syringe**

**NHS List prices:**

7.5mg/0.15ml, 1=£10.86; 10mg/0.2ml, 1=£11.25; 12.5mg/0.25ml, 1=£12.34; 15mg/0.3ml, 1=£12.40; 17.5mg/0.35ml, 1=£13.24; 20mg/0.4ml, 1=£13.55; 22.5mg/0.45ml, 1=£14.10; 25mg/0.5ml, 1=£14.24; 27.5mg/0.55ml, 1=£14.49; 30mg/0.6ml, 1=£14.55.

**Important warning about the dosage of Methofill® (methotrexate):**

Methofill® (methotrexate): must only be used once a week for the treatment of Rheumatoid arthritis, Juvenile arthritis, Psoriatic arthritis, Psoriasis and Crohn's disease. Dosage errors in the use of Methofill® (methotrexate) can result in serious adverse reactions, including death. Please read the posology section of the Summary of Product Characteristics very carefully.

Adverse events should be reported.

Reporting forms and information can be found at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard)

Adverse events should also be reported to Accord-UK LTD on 01271 385257 or email [medinfo@accord-healthcare.com](mailto:medinfo@accord-healthcare.com).