

Methofill® (methotrexate) Pre-Filled Syringe

INJECTION GUIDE FOR PATIENTS

SINGLE USE INJECTION, ONCE WEEKLY

Carefully read the instructions below before starting your injection and always use the injection technique advised by your doctor, pharmacist or nurse. If you have any problems or questions, please contact your doctor, pharmacist or nurse.

PREPARATION

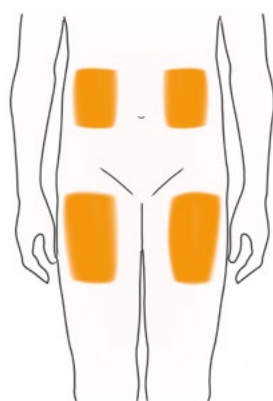
Select a clean, well-lit and flat working surface. Collect necessary items before you begin: Methofill® pre-filled syringe, alcohol swab and biohazard (sharps) container. Wash your hands carefully. Before use, check the Methofill® syringe for visual defects or cracks.

INJECTION SITE

The best sites for injection are:

- Upper thighs
- Abdomen, except around the navel

If someone is helping you with the injection, they may also give the injection into the back of your arms, just below the shoulder.



Change the injection site with each injection. This may reduce the risk of developing irritations at the injection site.

Never inject into skin that is tender, bruised, red, hard, scarred or where you have stretch marks. If you have psoriasis, you should try not to inject directly into any raised, thick, red or scaly skin patches or lesions.

INJECTING THE SOLUTION

1. UNPACK

Unpack the methotrexate pre-filled syringe with pre-fixed needle safety guard and read the package leaflet carefully. Remove the pre-filled syringe with pre-fixed needle safety guard from the packaging.

2. DISINFECTION

Choose an injection site and disinfect it with alcohol swab. Allow at least 60 seconds for the disinfectant to dry.



3. ENSURE THE SYSTEM IS INTACT/NOT DAMAGED

Do not use the product:

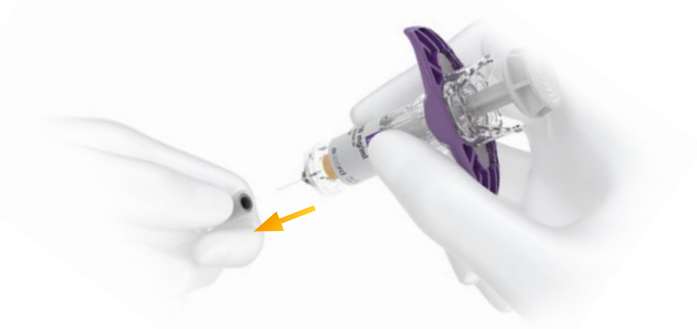
- If you see any damage (syringe or needle safety guard breakage) or loose components
- If the needle safety guard is on safety position before use, as shown in section 7, this indicates the syringe has previously been used. In general the product should not be used if it does not conform to the picture below. If the product does not conform to the picture below it should not be used, and should immediately be discarded in a biohazard (sharps) container



4. REMOVE THE PROTECTIVE CAP

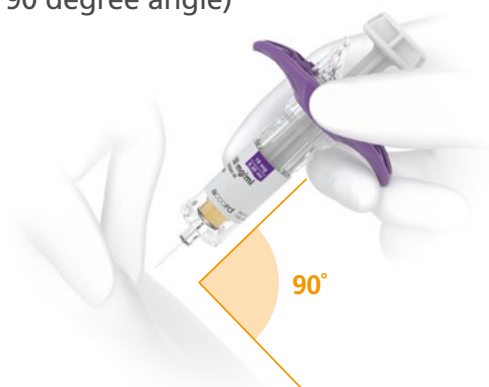
Hold the body of the syringe in one hand with the needle end pointing away from you and without touching the plunger rod:

- Pull the needle cap straight off with your other hand
- After removal, throw away the needle cap in a biohazard (sharps) container



5. INSERT THE NEEDLE

- Lightly pinch the skin at the injection site with one hand
- With the other hand insert the needle into the injection site without touching the plunger rod head (with 90 degree angle)



6. INJECTION

- Place the thumb on the plunger rod head
- Depress the plunger rod and **push firmly** at the end of the injection to ensure that syringe emptying is completed. Hold the skin securely until the injection is completed



7. NEEDLE STICK PROTECTION

The safety system will activate once the plunger rod is fully depressed:

- Keep the syringe still and slowly lift your thumb off of the plunger rod head
- The plunger rod will move up with your thumb and the spring retracts the needle from the injection site, into the needle safety guard



8. DISCARD THE SYRINGE

Once the syringe has been used, immediately discard the syringe into a biohazard (sharps) container.

Do not throw away the used syringe in household trash.



Methotrexate should not come into contact with the surface of the skin or mucosa. In the event of contamination, the affected area must be rinsed immediately with plenty of water.

If you or someone around you is injured by the needle, consult your doctor immediately and do not use this pre-filled syringe.

REPORTING OF SIDE EFFECTS

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet. You can help by reporting any side effects you may experience directly to Accord-UK Ltd: +44 (0)1271 385257 or medinfo@accord-healthcare.com.

Alternatively, you may also report side effects to www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

For more information,
please visit www.methofill.co.uk

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