



Methofill[®]

Methotrexate

SelfDose

INJECTION GUIDE FOR PATIENTS

accord

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For more information,
please visit:

www.methofill.co.uk


Methofill® (methotrexate) SelfDose

INFORMATION FOR INJECTING YOURSELF

SINGLE USE DEVICE, ONCE WEEKLY

Please read these instructions and your medication guide in full before using Methofill® SelfDose.

This device requires training by a Healthcare Professional. Your doctor, nurse or pharmacist should have shown you how to administer Methofill® before you self-inject. If you have not been shown or have any questions, please contact your doctor, nurse or pharmacist.

 Store below 30°C.
Keep the pre-filled injector in the outer carton in order to protect from light.

- Keep out of reach of children
- Do not use if carton is damaged or previously opened

METHOFILL® SELFDOSE AT-A-GLANCE



BEFORE YOU START

- Check the expiration date on the package, **do not** use if expiration date has passed
- Choose a clean, well-lit space to administer your medication
- Gather an alcohol swab and a cytotoxic sharps container



PREPARATION

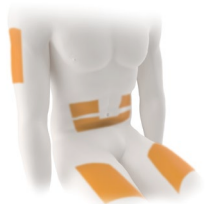
WASH HANDS

Wash hands with soap under warm running water.



CHOOSE INJECTION SITE

Abdomen or thigh if you are injecting yourself, or the back of the arm if a Healthcare Provider or caregiver is assisting you.



CLEAN INJECTION SITE

Use an alcohol swab to wipe site clean. Allow to air dry.



PRE-INJECTION

INSPECT LIQUID IN WINDOW

Inspect liquid in window. Check for any changes in colour, cloudiness or large particles. It should be a clear, yellow to brown solution.



Window

REMOVE BOTTOM CAP

Twist and pull bottom cap to remove. Keep hands away from the needle guard after cap is removed.

Do not recap. Dispose of bottom cap immediately. Do not inject if you drop the pre-filled injector after removing cap.



Inject within 5 minutes of removing bottom cap.

INJECTION

PLACE ON SKIN

Place the injector straight onto your skin (with 90 degree angle).



PUSH HANDLE STRAIGHT DOWN

Push the handle straight down. The medicine will be injected as you push. Do this at a speed that is comfortable for you.

Do not lift the injector during injection.



COMPLETE INJECTION

Injection is completed when the handle has been pushed down as far as possible, you hear a click and the orange body is no longer visible.



LIFT STRAIGHT UP

The yellow band indicates that the needle guard is locked.



DISPOSAL

For ease of disposal, Methofill® SelfDose requires a large aperture and fill volume cytotoxic Sharpsafe® or Sharpak® bin (1.8 litre or above). If you are unsure that this is what you have been given and you are struggling to dispose of your device, check with your doctor, nurse or pharmacist.

Do not dispose of device in household trash.



Methodrexate should not come into contact with the surface of the skin or mucosa. In the event of contamination, the affected area must be rinsed immediately with plenty of water.

If you or someone around you is injured by the needle, consult your doctor or pharmacist immediately.

REPORTING OF SIDE EFFECTS

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet. You can help by reporting any side effects you may experience directly to Accord-UK Ltd: +44 (0)1271 385257 or medinfo@accord-healthcare.com.

Alternatively, you may also report side effects to yellowcard.mhra.gov.uk or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

For more information and a demonstration video, please visit www.methofill.co.uk